

Creative and relaxing pastimes at Bromley Park Care Home



We enjoyed another eventful week at Bromley Park Care Home last week.

Residents Eily and Kathy M enjoyed **reading their daily newspapers**, whilst Roger took part in **chair exercises**, including finger movements as well as ball games. He was quick with the ball and said he enjoyed it immensely.

Peter A had fun with a 'Look, read and copy' activity which involved drawing different animals. His completed pictures were really impressive! He was also keen to play ball games – he was laughing while doing them and said he looks forward to doing it again!

Tony is also creative and loves colouring as he finds it relaxes him and helps him focus. Whilst David enjoyed relaxing on Sunday with a game of football on the television.

There is always fun and laughter at Bromley Park.





