

Relaxing pastimes and joke telling at Bromley Park Care Home



We've had a busy week with our residents at Bromley Park Care Home.

Our **weekly book club** always goes down well. Our resident Janet really likes this; she loves reading and you can see just how happy she is with a book to enjoy.

Karaoke is always a favourite too. Colin particularly enjoys this and loves to sing into the microphone!

Our **mindful colouring group** and **sensory afternoon** offered some wonderful relaxation and some of our residents particularly loved our **colourful fiddle blankets**, which are full of fantastic colours and textures. We also enjoyed some **seated ball games** – a little imagination and endless fun!

And we had a giggle **telling jokes one afternoon**. Hilda thoroughly enjoyed this and loved telling us her own jokes too. *Great fun!*

