

## Reminiscing and games at Bromley Park Care Home



We enjoyed a fun-filled time at Bromley Park Care Home last week.

### Dancing

Donna, our Activities Coordinator, enjoyed dancing with Ken along to the 'Lollipop' song; Ken was all smiles while dancing in his chair!

### Reminiscence Therapy

Ken, Donald, Joyce, Kathy M and Stephen shared a reminiscence session by looking at their **photos, keepsakes** and **magazines**. They really enjoyed this engagement and remembering past memories.

### Games

Ken and Eddie had a go at a game of **Quoits** with Christian, one of our Carers, which was good fun and a real test of target skills!

